

**Learn more about  
our contemporary  
and innovative  
training programs,  
as well as our  
vibrant and  
diverse scholarly  
community.**

- TRAINING IN ADULT PSYCHOANALYSIS
- RESPECIALIZATION PROGRAM
- LICENSE ELIGIBLE TRACK (LP)
- INTEGRATED TRACK IN CHILD & ADULT PSYCHOANALYSIS
- CHILD & ADOLESCENT PSYCHOTHERAPY PROGRAM
- ANNI BERGMAN PARENT-INFANT PROGRAM
- PRE-PSYCHOANALYTIC TRAINING PROGRAM (INTERN-EXTENSHP)
- THE GOULD CENTER FOR PSYCHOANALYTIC ORGANIZATIONAL STUDY AND CONSULTATION

FOR MORE INFORMATION VISIT:

**WWW.IPTAR.ORG**

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IPTAR's vibrant psychoanalytic community, reflected in our excellent Training Institute, offers exciting and rigorous programs in psychoanalytic training.

This brochure will give you an overview of the Adult Psychoanalytic Program and the Respecialization Program. We invite you to our **Sunday Salon at IPTAR series**, followed by our **Open House** receptions.

Contact information for the people who will be present at the open house will be included on the last page of this brochure. You are welcome to reach out to them with any questions you may have before or after our open house.

## PSYCHOANALYTIC TRAINING

**IPTAR training is comprised of the three traditional components of a psychoanalytic education: curriculum, training analysis, and supervised psychoanalysis, also known as control work.**

Psychoanalytic training at IPTAR will prepare you to deeply understand human character, psychopathology, and development in the context of personal relationships, history, and culture.

Clinicians without a license will be eligible to sit for the NY State Licensed Psychoanalyst (LP) exam during their training.

At the completion of this program all clinicians will receive:

- Certification as a Psychoanalyst in New York State.
- Membership in the IPTAR Society.
- Membership in the International Psychoanalytical Association (IPA) with the right to use the credential "FIPA" (Fellow of the IPA) after your name.
- Membership in the Confederation of Independent Psychoanalytic Societies (CIPS).

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## ADULT PSYCHOANALYTIC TRAINING

Psychologists, social workers and other mental health professionals can apply to the adult psychoanalytic training program.

The program's curriculum is governed by a contemporary Freudian perspective. The curriculum includes readings from Freud and important elaborations and transformations of the original concepts that have led to today's expanded understanding of psychopathology, development, technique, and application. Teaching is done in the context of clinical

illustration, making theoretical learning relevant to actual practice.

IPTAR offers a unique clinical experience structure for candidates in the Adult Training Program. There are two tracks for Adult Psychoanalytic Training candidates: licensed and unlicensed.

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### Licensed

Fully Licensed practitioners are welcome to work at the ICC as independent contractors where supervision is included. For private cases supervision costs are arranged independently with IPTAR supervisors. Tuition is paid on a per-class basis.

Licensed candidates that cannot practice independently (LMSW, for example), have the option to work 5 hours per week at the IPTAR Clinical Center (ICC) in exchange for half tuition.

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### Unlicensed

Unlicensed candidates (those who cannot see patients without supervision) gain 10 hours of clinical experience per week at the ICC throughout the academic year in exchange for full tuition, supervision (non-control work) and a Clinical Process Group of their choice. As such, unlicensed candidates are required to be full time for the first two years.

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### Time frame for coursework/training

Each candidate completes course work in a minimum of four years.

Candidates are required to participate in Training Analysis (detailed later) and have 2 control cases in order to graduate.

The timeframe for training varies as control work includes treating two patients in analysis with supervision. The details of control work

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IPTAR holds many interesting and diverse programs and weekend conferences with renowned local and international psychoanalytic thinkers. Ongoing community events and groups include *Art and Society Events*, a *Friday Night Paper's Series* - where candidates and members present papers informally. *Clinical Conundrums* - where clinicians of all levels discuss process material, and an ongoing LGBTQ supervision series, among many others.

*Other IPTAR Programs include work with asylum seekers, refugees and other victims of trauma and dislocation.*

are discussed below under Supervised Analysis/Control Work. While completing control work requirements, if candidates have finished four years of course work, they must take one Beyond the Basic Curriculum (BBC) course per year.

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### **Training Analysis**

IPTAR values a candidate's personal analysis (training analysis) as the most important component in developing the self-awareness and self-knowledge necessary for empathizing with patients and being able to work within the transference and countertransference.

The experience of being in one's own analysis at the same time as working with patients in psychoanalysis and psychoanalytic psychotherapy allows candidates to develop a deep understanding of the basis of psychoanalysis in ways that are not possible through coursework or supervision alone; it is a personal, experiential dimension.

Candidates may choose any IPTAR Fellow as their analyst and set up a schedule of 4/week. An IPA training analyst may be considered should the candidate already be in an ongoing treatment.

Candidates arrange a fee with their analysts directly. Some reduced-fee analysis is available for candidates.

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### **Supervised Psychoanalysis/Control Work**

At IPTAR all candidates must treat two patients in psychoanalysis: one for at least 3 years, one for at least 2 years, with the supervision of an IPTAR Fellow.

Any time after the first year of coursework is completed; candidates may ask to begin their control work. They demonstrate their readiness to begin this process by having already worked with several patients in psychoanalytic psychotherapy and through an interview (the Oral Readiness for Control) with two IPTAR fellows. Control work supervision is paid separately from tuition directly to your supervisor.

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### **Clinical Experience**

In the first year of the Adult Program unlicensed candidates will build to working an average of 10 hours per week in the IPTAR Clinical Center throughout the academic year.

By the end of the second year, candidates should have accumulated around 800 clinical hours - enough to sit for the LP licensing exam.

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### **Do candidates get paid for work with ICC patients?**

In exchange for tuition, supervision and clinical process group(s), candidates are not paid for their first 10 patient hours per week at the ICC. If a candidate has demonstrated capacity to increase the number of patient hours, they can apply for additional blocks of time. Candidates will be paid \$30/ hour for each of these blocks. ▪

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Unique in New York City, IPTAR's "Clinical Practicum" is designed for recent mental health graduates and those entering psychoanalytic training from other fields.

Closely integrated with coursework, the program offers candidates a strong foundation of supervised experience with a range of patients so as to position them to work with confidence by the time they are licensed to practice independently.

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## RESPECIALIZATION PROGRAM

From its inception, IPTAR has been committed to training anyone interested in psychoanalysis. The Respecialization Program is designed to give those who come from many other fields, including the humanities, social sciences, education, law, medicine and the arts an opportunity to begin their immersion in the world of psychoanalysis. In addition, there may be those individuals who are coming from a mental health background, but who have very limited clinical experience or limited exposure to psychoanalytic thought.

For these people, the Respecialization Program becomes an opportunity to consider in depth training in the field and begin gaining clinical experience.

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### Requirements

Respecialization is a two year program which includes coursework and clinical experience.

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### Clinical experience

In the first year of Respecialization students gain clinical experience through: participation in the ICC's schools program, a Clinical Process group and shadowing intakes with advanced candidates.

Following an interview with a program director, candidates may begin seeing adult patients in psychotherapy at the IPTAR Clinical Center.

In the second year of Respecialization, candidates continue to do intakes and build their clinical practice by seeing up to three patients at the ICC. Candidates will continue to participate in their clinical process group. •

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## ADMISSIONS

IPTAR is an interdisciplinary Institute offering training to all candidates who are interested in the field of Psychoanalysis. The Respecialization Program is designed for those with a non-mental health backgrounds. This can include but is not limited to the humanities, social services and the arts. In order to be eligible for the program candidates must have at least a Master's degree in their field of professional training.

Applications for the full analytic program are welcome throughout the **Spring**.

The Admissions Committee deadline is typically in early May. Please refer to the IPTAR website for this year's application deadline.

Upon receipt of all materials, the Admissions Chairperson contacts the applicant to arrange for two interviews. The applicant is notified about the committee's decision after review of the applicant's material is complete.

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## APPLICATION

*June 1st annual deadline for fall admissions.*

[\*\*CLICK HERE TO APPLY\*\*](#)

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## TUITION & FEES

*[Click here to download the PDF from our website](#)*

## OTHER IPTAR PROGRAMS

*Click on the links below to read more*

- » [Integrated Track in Child & Adult Psychoanalysis](#)

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- » [Child & Adolescent Psychotherapy Program](#)

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- » [Anni Bergman Parent-Infant Program](#)

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- » [Pre-Psychoanalytic Training Program \(Intern-Extenship\)](#)

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- » [The Gould Center for Psychoanalytic Organizational Study and Consultation](#)

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## FREQUENTLY ASKED QUESTIONS

### What does IPTAR provide in terms of Supervision?

#### ICC

All candidates who see patients through the ICC will have supervision from an IPTAR member. All ICC cases must have clinical supervision. The ICC will assign the first supervisor. As a candidate, you will receive a combination of overall and in-depth supervision. In the school programs, there will also be participation in group supervision. At the beginning, your cohort will be assigned a liaison from the disposition committee.

#### Control Work

Control Work supervision is paid for privately with an IPTAR supervisor

#### Private Patients

Cost of supervision of private patients is arranged separately with IPTAR supervisors

### It seems like it might be difficult to get a control case. How does that work? Does IPTAR help with that?

Many patients begin treatment at once or twice a week, and over time, increase their frequency. The ICC and Control Work supervisors assist candidates in developing their clinical practice, including developing analytic cases. Many patients have insurance which covers frequent sessions (3-4 per week).

### Do candidates have a voice at IPTAR?

IPTAR has a very robust candidate's organization (CO). The CO meets regularly and is a place to find support amongst other candidates, to network, to plan programs that enhance training,

and to have yearly social events. Candidates are also represented on all IPTAR Boards and Committees, which impact training and IPTAR as an organization.

### Can you work towards the New York State Psychoanalytic License at IPTAR (LP)?

Yes, IPTAR is accredited to offer the program leading to this licensure.

The LP requires 4 years of full-time course work, personal training analysis, clinical patient hours and supervision hours. Those who start in IPTAR's Respecialization Program and are accepted into the Adult Training Program can use their two years in Respecialization towards the requirements of the LP. Those starting with the Adult Program and working towards an LP may have to take 4 years of courses in order to apply.

### Is there a way to be in training as an international student?

Yes, IPTAR has a visa program for training. [Brett Gorkin](#) is the contact person for this program. •

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## FALL 2021 & SPRING 2022

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IPTAR operates on a quarterly academic schedule, with two eight-week courses offered each quarter for each program.

Some classes may be 16 weeks with a “Part I” and “Part II” spanning two quarters. Total cost reflected in this sheet is for Full Time students: those taking 8 classes per year.

Full time status is required of candidates in the Respecialization Program.

It is also required for the first two years of the Adult Program.

This tuition and fees sheet is only meant to be used during the academic year that spans Fall 2021 and Spring 2022, September 2021 to June 2022.

All tuition must be fully paid in order to enroll in the following year.

Tuition is paid on a quarterly basis and full tuition must be paid by end of year.

Candidates with a tuition balance may not enroll in the oncoming year until the balance is paid. All fees must be paid in the quarter they are incurred.

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## TUITION

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### ADULT PROGRAM

IPTAR’s Adult Psychoanalytic Training program has 3 different paths depending on the experience and licensure of the training candidates:

- *Path 1: Fully Licensed Practitioners* (MD, Psychologist, LCSW, etc) have the option to work full or part time in the ICC for tuition and ICC supervision, or can pay tuition on a per-class basis.

- *Path 2: Limited Licensed Candidates* (candidates accumulating hours to practice privately- PhD, LMSW, etc) have the option to pay half tuition and work for 5 hours a week at the ICC OR can participate in the full clinical practicum of 10 hours per week in exchange for full tuition and ICC supervision.

- *Path 3: Unlicensed and working towards an LP* are required to work 10 clinical hours per week at the ICC in exchange for full tuition and supervision.

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### RESPECIALIZATION PROGRAM

First Year Includes:

- First Year Respecialization classes
- 2 First Year CAP classes
- Intake Workshop
- School Placement
- Supervision
- Clinical Process Group

Second Year Includes:

- Second Year Respecialization classes
  - School Placement
  - Clinical Process Group
  - In-depth Supervision on up to 3 clinical cases
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### CHILD AND ADOLESCENT TRAINING (CAP)

The CAP Program is done on a per-class bases.

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### INTEGRATED TRACK

The Integrated Training Track allows candidates to train in the CAP, Adult and Parent-Infant programs.

Tuition is done on a per class base.

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## ANALYSIS

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Candidates in the Adult Psychoanalytic Program are required to be in analysis with an IPTAR fellow or an approved IPA training analyst.

Candidates in Respecialization are required to be in psychoanalytic psychotherapy.

The cost of psychoanalysis is arranged privately with your analyst. It is recommended that candidates of all programs are in analysis throughout their training.

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## CONTACT INFORMATION

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